



Healing Circles

Primary Purpose:

To rebuild staff wellness and resilience.

Activity Overview:

Holding space for staff to debrief and process traumatic events that impact members of staff and the organization

Details:

Facilitated conversations regarding highly stressful or traumatic events that impact the organization, such as relational ruptures, death & mourning, , or other highly emotionally-charged situations (that are recurrent, imminent, from the past that have not been adequately dealt with). The conversations are meant to support situations /circumstances that are fundamentally tied to the healthy alignment and functioning of the organization.

Outcome:

Re-establish trust, stability, and functionality of the work culture.

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